Sniffers, buzzers, toggles and blinkers: dynamics of regulatory and signaling pathways in the cell
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The physiological responses of cells to external and internal stimuli are governed by genes and proteins interacting in complex networks whose dynamical properties are impossible to understand by intuitive reasoning alone. Recent advances by theoretical biologists have demonstrated that molecular regulatory networks can be accurately modeled in mathematical terms. These models shed light on the design principles of biological control systems and make predictions that have been verified experimentally.

To understand how these models are built and why they work the way they do, one must develop a precise mathematical description of molecular circuitry and some intuition about the dynamical properties of regulatory networks. Complex molecular networks, like electrical circuits, seem to be constructed from simpler modules: sets of interacting genes and proteins that carry out specific tasks and can be hooked together by standard linkages [16].

Excellent reviews from other perspectives can be found elsewhere [17,18*,19–22,23*,24*,25], and also book-length treatments [26–29].

In this review, we show how simple signaling pathways can be embedded in networks using positive and negative feedback to generate more complex behaviours — toggle switches and oscillators — which are the basic building blocks of the exotic, dynamic behaviour shown by nonlinear control systems. Our purpose is to present a precise vocabulary for describing these phenomena and some memorable examples of each. We hope that this review will improve the reader’s intuition about molecular dynamics, foster more accurate discussions of the issues, and promote closer collaboration between experimental and computational biologists.

Introduction
Since the advent of recombinant DNA technology about 20 years ago, molecular biologists have been remarkably successful in dissecting the molecular mechanisms that underlie the adaptive behaviour of living cells. Stunning examples include the lysis–lysogeny switch of viruses [1], chemotaxis in bacteria [2], the DNA-division cycle of yeasts [3], segmentation patterns in fruit fly development [4] and signal transduction pathways in mammalian cells [5]. When the information in any of these cases is laid out in graphical form (http://discover.nci.nih.gov/kohnk/interaction_maps.html; http://www.csa.ru:82/Inst/gorb_dep/inbios/genet/sontwk.htm; http://www.biocarta.comgenes/index.asp), the molecular network looks strikingly similar to the wiring diagram of a modern electronic gadget. Instead of resistors, capacitors and transistors hooked together by wires, one sees genes, proteins and metabolites hooked together by chemical reactions and intermolecular interactions. The temptation is irresistible to ask whether physiological regulatory systems can be understood in mathematical terms, in the same way an electrical engineer would model a radio [6]. Preliminary attempts at this sort of modelling have been carried out in each of the cases mentioned above [7–11,12*,13,14,15**].

Linear and hyperbolic signal-response curves
Let’s start with two simple examples of protein dynamics: synthesis and degradation (Figure 1a), and phosphorylation and dephosphorylation (Figure 1b). Using the law of mass action, we can write rate equations for these two mechanisms, as follows:

\[
\frac{dR}{dt} = k_0 + k_1S - k_2R, \quad (a)
\]

\[
\frac{dR_p}{dt} = k_1S(R_T - R_p) - k_2R_p. \quad (b)
\]

In case (a), \(S\) = signal strength (e.g. concentration of mRNA) and \(R\) = response magnitude (e.g. concentration
Linear Response

Hyperbolic Response

Sigmoidal Response

Perfect Adaptation

Mutual Activation

Mutual Inhibition

Negative Feedback

Homeostasis

of protein). In case (b), $RP$ is the phosphorylated form of the response element (which we suppose to be the active form), $R_p = [RP]$, and $R_T = R + RP$ is total concentration of the response element. A steady-state solution of a differential equation, $dR_p/dt = f(R)$, is a constant, $R_{ss}$, that satisfies the algebraic equation $f(R_{ss}) = 0$. In our cases,

$$R_{ss} = \frac{k_0 + k_1S}{k_2},$$

(a) $R_{p,ss} = \frac{RTS}{(k_2/k_1) + S}.$

(b) These equations correspond to the linear and hyperbolic signal-response curves in Figure 1. In most cases, these simple components are embedded in more complex pathways, to generate signal-response curves of more adaptive value.

**Sigmoidal signal-response curves**

Case (c) of Figure 1 is a modification of case (b), where the phosphorylation and dephosphorylation reactions are governed by Michaelis-Menten kinetics:

$$\frac{dR_p}{dt} = \frac{k_1S(R_T - R_p)}{k_m1 + R_T - R_p} - \frac{k_2R_p}{k_m2 + R_p},$$

(c) In this case, the steady-state concentration of the phosphorylated form is a solution of the quadratic equation:

$$k_1S(R_T - R_p)(k_m2 + R_p) = k_2R_p(k_m1 + R_T - R_p).$$

The biophysically acceptable solution ($0 < R_p < R_T$) of this equation is [30]:

$$\frac{R_{p,ss}}{R_T} = G(k_1, k_2, \frac{k_m1}{k_T}, \frac{k_m2}{R_T}),$$

(d) where the ‘Goldbeter-Koshland’ function, $G$, is defined as:

$$G(u, v, J, K) = \frac{2uK}{v - u + cJ + uK + \sqrt{(v - u + cJ + uK)^2 - 4(v - u)uK}}.$$

In Figure 1c, column 3, we plot $R_{p,ss}$ as a function of $S$: it is a sigmoidal curve if $J$ and $K$ are both $<<1$. This mechanism for creating a switching-like signal-response curve is called zero-order ultrasensitivity.

The Goldbeter-Koshland function, although switch-like, shares with linear and hyperbolic curves the properties of being graded and reversible. By ‘graded’ we mean that the response increases continuously with signal strength. A slightly stronger signal gives a slightly stronger response. The relationship is ‘reversible’ in the sense that if signal strength is changed from $S_{initial}$ to $S_{final}$, the response at $S_{final}$ is the same whether the signal is being increased ($S_{initial} < S_{final}$) or decreased ($S_{initial} > S_{final}$). Although continuous and reversible, a sigmoidal response is abrupt. Like a buzzer or a laser pointer, to activate the response one must push hard enough on the button, and to sustain the response one must keep pushing. When one lets up on the button, the response switches off at precisely the same signal strength at which it switched on.

**Perfectly adapted signal-response curves**

By supplementing the simple linear response element (Figure 1a) with a second signaling pathway (through species X in Figure 1d), we can create a response mechanism that exhibits perfect adaptation to the signal. Perfect adaptation means that although the signaling pathway exhibits a transient response to changes in signal strength, its steady-state response $R_p$ is independent of $S$. Such behaviour is typical of chemotactic systems, which respond to an abrupt change in attractants or repellents, but then adapt to a constant level of the signal. Our own sense of smell operates this way, so we refer to this type of response as a ‘sniffer.’

The hyperbolic response element (Figure 1b) can also be made perfectly adapted by adding a second signaling pathway that down regulates the response. Levchenko and Iglesias [31*] have used a mechanism of this sort to model phosphoinosiyl signaling in slime mold cells and neutrophils.

Many authors have presented models of perfect adaptation (see [32-35] for representative published work).

**Positive feedback: irreversible switches**

In Figure 1d the signal influences the response via two parallel pathways that push the response in opposite directions (an example of feed-forward control). Alternatively, some component of a response pathway may
Box 1 Mathematical models of signal-response systems.

Figure 1d. Perfectly adapted
\[
\begin{align*}
\frac{dR}{dt} &= k_S - k_S X \cdot R \\
R_{ss} &= \frac{k_X}{k_S} \\
\frac{dX}{dt} &= k_S - k_S X \\
X_{ss} &= \frac{k_S S}{k_S}
\end{align*}
\]
Observe that \(R_{ss}\) is independent of \(S\).

Figure 1e. Mutual activation
\[
\begin{align*}
\frac{dR}{dt} &= k_0 E_R (R) + k_S - k_0 X \cdot R \\
E_R (R) &= G(k_S R, k_R, J_3, J_4)
\end{align*}
\]
Figure 1f. Mutual inhibition
\[
\begin{align*}
\frac{dR}{dt} &= k_0 + k_S S - k_0 R - k_0 E_R (R) \cdot R \\
E_R (R) &= G(k_S R, k_R, J_3, J_4)
\end{align*}
\]

Figure 1g. Negative feedback: homeostasis
\[
\begin{align*}
\frac{dR}{dt} &= k_S E_R (R) - k_S S \cdot R \\
E_R (R) &= G(k_S R, k_R, J_3, J_4)
\end{align*}
\]

Figure 2a. Negative-feedback oscillator
\[
\begin{align*}
\frac{dX}{dt} &= k_0 + k_0 S - k_0 X - k_0 S \cdot X \\
\frac{dY}{dt} &= k_0 Y(T - Y) - k_0 Y \\
\frac{dT}{dt} &= k_0 (T) - k_0 (T) \\
E_R (R) &= G(k_S R, k_R, J_3, J_4)
\end{align*}
\]

Figure 2b. Activator inhibitor
\[
\begin{align*}
\frac{dR}{dt} &= k_0 E_R (R) + k_0 S - k_0 R - k_0 S \cdot X \\
\frac{dX}{dt} &= k_0 - k_0 X \\
E_R (R) &= G(k_S R, k_R, J_3, J_4)
\end{align*}
\]

Figure 2c. Substrate-depletion oscillator
\[
\begin{align*}
\frac{dX}{dt} &= k_0 S - \left| k_0 + k_0 E_R (R) \right| \cdot X \\
\frac{dR}{dt} &= \left| k_0 + k_0 E_R (R) \right| \cdot X - k_0 R \\
E_R (R) &= G(k_S R, k_R, J_3, J_4)
\end{align*}
\]

Parameter sets
\[
\begin{align*}
1a & \quad k_0 = 0.01, k_1 = 1, k_2 = 5 \\
1b & \quad k_1 = k_2 = 2, R_1 = 1 \\
1c & \quad k_1 = k_2 = 1, R_1 = 1, K_{mt} = K_{ts} = 0.05 \\
1d & \quad k_0 = 0, k_1 = 0.05, k_2 = 0.5, k_3 = 1, k_4 = 0.2, J_3 = J_4 = 0.05 \\
1e & \quad k_0 = 0, k_1 = 0.05, k_2 = 0.5, k_3 = 1, k_4 = 0.2, J_3 = J_4 = 0.05 \\
1f & \quad k_0 = 0.05, Y_1 = R_1 = 1, K_{mt} = K_{ts} = 0.05 \\
2a & \quad k_0 = 0, k_1 = 1, J_3 = J_4 = 0.01 \\
2b & \quad k_0 = 0, k_1 = 1, J_3 = J_4 = 0.01, k_2 = 0.1, k_3 = 0.1, k_4 = 0.2, k_5 = 0.1, k_6 = 0.05, Y_1 = R_1 = 1, K_{mt} = K_{ts} = 0.05 \\
2c & \quad k_0 = 0.01, k_0 = 0.4, k_1 = k_2 = k_3 = 1, k_4 = 0.3, J_3 = J_4 = 0.05
\end{align*}
\]

The signal-response curves in Figure 1e,f would be called ‘one-parameter bifurcation diagrams’ by an applied mathematician. The parameter is signal strength (manipulable by the experimenter). The steady-state response, on the Y axis, is an indicator of the behaviour of the control system as a function of the signal. At \(S_{crit}\), the behaviour of the control system changes abruptly and irreversibly from low response to high response (or vice versa). Such points of qualitative change in the behaviour of a nonlinear system are called bifurcation points, in this case, a ‘saddle-node bifurcation point’. We will shortly meet other, more esoteric bifurcation points, associated with more complex signal-response relationships.

Discontinuous responses come in two varieties: the one-way switch (e.g. Figure 1e), and the toggle switch (e.g. Figure 1f). One-way switches presumably play major roles in developmental processes characterized by a point-of-no-return (see, for example, [21]). Frog oocyte maturation in response to progesterone is a particularly clear example [36]. Apoptosis is another decision that must be a one-way switch.

In the toggle switch, if \(S\) is decreased enough, the switch will go back to the off-state, as in Figure 1f (column 3). For intermediate stimulus strengths (\(S_{crit} < S < S_{crit/2}\), the response of the system can be either small or large, depending on how \(S\) was changed. This sort of two-way, discontinuous switch is often referred to as hysteresis. Nice examples include the lac operon in bacteria [21], the activation of M-phase-promoting factor (MPF) in frog egg extracts [37], and the autocatalytic conversion of normal prion protein to its pathogenic form [38]. Bistable behaviour of MPF in frog egg extracts has recently been confirmed experimentally by two groups: Sha et al. [39], and Pomerening and Ferrell (personal communication). Chen et al. [9] proposed that a toggle switch governs the ‘start’ and ‘finish’ transitions in the budding yeast cell cycle, and this prediction was confirmed recently in an elegant experiment by Cross et al. [40].
Toggle switches have also been realized in artificial genetic networks based on mutual inhibition [41] or mutual activation [42]. These networks were designed and built in explicit reliance on theoretical ideas of the kind we have described.

**Negative feedback: homeostasis and oscillations**

In negative feedback, the response counteracts the effect of the stimulus. In Figure 1g, the response element, R, inhibits the enzyme catalysing its synthesis; hence, the rate of production of R is a sigmoidal decreasing function of R. The signal in this case is the demand for R — that is, the rate of consumption of R is given by \( k_2SR \). The steady state concentration of R is confined to a narrow window for a broad range of signal strengths, because the supply of R adjusts to its demand. This type of regulation, commonly employed in biosynthetic pathways, is called homeostasis. It is a kind of imperfect adaptation, but it is not a sniffer because stepwise increases in S do not generate transient changes in R.

Negative feedback can also create an oscillatory response. A two-component, negative feedback loop, \( X \rightarrow R \rightarrow |X| \), can exhibit damped oscillations to a stable steady state but not sustained oscillations [43]. Sustained oscillations require at least three components: \( X \rightarrow Y \rightarrow R \rightarrow |X| \). The third component (Y) introduces a time delay in the feedback loop, causing the control system repeatedly to overshoot and undershoot its steady state.

In Figure 2a (column 1), we present a wiring diagram for a negative-feedback control loop. For intermediate signal strengths, the system executes sustained oscillations (column 2) in the variables \( X(t), Y_P(t) \) and \( R_P(t) \). In the signal-response curve (column 3), we plot \( R_{P,ss} \) as a function of S, noting that the steady-state response is unstable for \( S_{crit1} < S < S_{crit2} \). Within this range, \( R_P(t) \)

![Figure 2](https://example.com/f2.png)

**Figure 2**

Oscillatory networks. In this tableau, the rows correspond to (a) negative feedback, (b) activator-inhibitor and (c) substrate-depletion oscillators. The left column presents wiring diagrams and the right column signal-response curves. The centre column presents time courses (a) or phase planes (b,c). The kinetic equations corresponding to each wiring diagram are displayed in Box 1, along with the parameter values for which the other two columns are drawn. S, signal; R, response; E, X and Y, other components of the signaling network; EP, phosphorylated form of E; etc. (a) There are two ways to close the negative feedback loop: first, RP inhibits the synthesis of X; or second, RP activates the degradation of X. We choose case 2. Centre column: oscillations of X (black, left ordinate), \( R_P \) (red, right ordinate) and \( R_X \) (blue, right ordinate) for \( S = 2 \). Right column: the straight line is the steady-state response \((R_{P,ss})\) as a function of S; solid line indicates stable steady states, dashed line indicates unstable steady states. For a fixed value of S between \( S_{crit2} \) and \( S_{crit1} \), the unstable steady state is surrounded by a stable periodic solution. For example, the solution in the centre column oscillates between \( R_{P,max} = 0.28 \) and \( R_{P,min} = 0.01 \). These two numbers are plotted as filled circles (at \( S = 2 \)) in the signal-response curve to the right. \( S_{crit1} \) and \( S_{crit2} \) are so-called points of Hopf bifurcation, where small-amplitude periodic solutions are born as a steady state loses stability. Centre column, (b,c): phase plane portraits for \( S = 0.2 \): red curve, \((X,R)\) pairs that satisfy \( dX/dt = 0 \); blue curve, \((X,R)\) pairs that satisfy \( dX/dt = 0 \); open circle, unstable steady state. Right column, (b,c): solid line, stable steady states; dashed line, unstable steady states; closed/open circles, maximum and minimum values of R during a stable/unstable oscillation. \( S_{crit1} \) and \( S_{crit2} \) are called subcritical Hopf bifurcation points.
oscillates between $R_{P_{\text{min}}}$ and $R_{P_{\text{max}}}$ (the lower and upper filled circles, respectively). In the terminology introduced earlier, $S_{\text{crit}1}$ and $S_{\text{crit}2}$ are bifurcation points, where the steady-state response changes its stability and oscillations arise by a generic mechanism called a ‘Hopf bifurcation.’ As $S$ moves away from either bifurcation point, the amplitude of oscillation increases.

Negative feedback has been proposed as a basis for oscillations in protein synthesis [44], MPF activity [45], MAPK signaling pathways [46], and circadian rhythms [47,48,49*].

Using similar theoretical ideas about negative feedback oscillators, Elowitz and Leibler [50] designed an artificial genetic network consisting of three operons that repress one another in a loop. In order to satisfy the theoretical expectations for sustained oscillations, these authors engineered the three proteins to be unstable, with roughly equal half-lives. Individual bacteria containing these plasmids showed periodic expression of a fluorescent reporter protein, qualifying this case as a literal ‘blinker’.

**Positive and negative feedback: oscillators**

Oscillations often arise in systems containing both positive and negative feedback (Figure 2b,c). The positive-feedback loop creates a bistable system (a toggle switch) and the negative-feedback loop drives the system back and forth between the two stable steady states. Oscillators of this sort come in two varieties.

**Activator-inhibitor oscillators**

In Figure 2b, R is created in an autocatalytic process, and then it promotes the production of an inhibitor, X, which speeds up R removal. First, R builds up, then comes X to force R back down, then X disappears and R can rise again.

In the second column of Figure 2b, we plot a ‘phase portrait’ of the activator-inhibitor oscillator, illustrating the notion that the negative-feedback loop drives the bistable system back and forth between its two steady-state regimes. First, consider X to be the signal and R to be the response, and plot (red curve) $R_{S}$ as a function of X. We get an S-shaped signal-response curve, indicating that the network functions as a toggle switch. For intermediate values of X, the control system is bistable ($R_{S}$ can be either small or large). Conversely, plotting $X_{S}$ (response) as a function of $R$ (signal), we get a simple linear response curve (blue). Mathematicians refer to these curves as the R-nullcline ($dR/dt = 0$, red) and the X-nullcline ($dX/dt = 0$, blue). Where the two curves intersect (o) is a steady state for the full system, but the control system does not settle on this steady state because it is unstable. Instead, the variables, $R(t)$ and $X(t)$, oscillate around the steady state on a closed orbit (black curve, called a stable limit cycle). Such behaviour is called a hysteresis oscillator, and the closed orbit is called a hysteresis loop.

The classic example of an activator-inhibitor system is cyclic AMP production in the slime mold, *Dictyostelium discoideum* [51]. External cAMP binds to a surface receptor, which stimulates adenylate cyclase to produce and excrete more cAMP. At the same time, cAMP-binding pushes the receptor into an inactive form. After cAMP falls off, the inactive form slowly recovers its ability to bind cAMP and stimulate adenylate cyclase again. This mechanism lies behind all the curious properties of the cAMP signaling system in *Dictyostelium*: oscillations, relay, adaptation, and wave propagation. (For details, see [27].)

**Substrate-depletion oscillators**

In Figure 2c, X is converted into R in an autocatalytic process. Suppose, at first, X is abundant and R is scarce. As R builds up, the production of R accelerates until there is an explosive conversion of the entire pool of X into R. Then the autocatalytic reaction shuts off for lack of substrate, X. R is degraded, and X must build up again before another burst of R is produced.

This is essentially the mechanism of MPF oscillations in frog egg extracts [37,52]. MPF is a dimer of a kinase subunit, cyclin-dependent kinase 1 (Cdk1), and a regulatory subunit, cyclin B. As cyclin B accumulates in the extract, it combines rapidly with Cdk1 (in excess). The dimer is immediately inactivated by phosphorylation of the kinase subunit (X in Figure 2c is cyclin B–Cdk1-P). X can be converted into active MPF (R in Figure 2c is the unphosphorylated form of cyclin B–Cdk1) by a phosphatase called Cdc25 (EP in the figure). Active MPF activates Cdc25 by phosphorylating it. The true MPF story is considerably more complicated than just described, but in broad strokes it is a substrate-depletion oscillator.

The signal-response curve for this mechanism is plotted in column 3 of Figure 2c. The signal, $S$, is the rate of synthesis of substrate X. Low signal gives low response and high signal gives high response, as expected. But for $S$ between $S_{\text{crit}1}$ and $S_{\text{crit}2}$, the steady-state response is unstable and the response oscillates between $R_{\text{max}}$ (upper filled circles) and $R_{\text{min}}$ (lower filled circles). The oscillations are ‘born’ at Hopf bifurcations (at $S_{\text{crit}1}$ and $S_{\text{crit}2}$), but there is a big difference between the Hopf bifurcations in Figure 2c and those in Figure 2a. In Figure 2a, the ‘newborn’ limit cycles (close to $S_{\text{crit}}$) are stable, whereas in Figure 2c they are unstable (as indicated by the open circles). As $S$ departs from $S_{\text{crit}}$, the amplitude of the unstable limit cycle grows quickly, until the branch of unstable limit cycles connects smoothly with the branch of large amplitude, stable limit cycles (denoted by filled circles). To distinguish between these two possibilities, the bifurcations in Figure 2a are called ‘supercritical Hopf’, and the ones in Figure 2c are called ‘subcritical’.

The distinction between super- and subcritical Hopf bifurcations has important physiological consequences.
Look again at Figures 2a and c, and let us imagine that signal strength $S$ is being reduced slowly from 8 to 4 in Figure 2a and from 0.4 to 0.2 in Figure 2c. In both cases, we pass a Hopf bifurcation at $S_{crit}$. In case 2a, it is a supercritical Hopf bifurcation, and the oscillatory solutions appear, at first, with small amplitude, perhaps too small to generate a useful response. On the other hand, in case 2c, as $S$ passes the subcritical Hopf bifurcation, stable oscillations of large amplitude appear abruptly. The control system immediately generates a large and robust response. When $S$ is being changed in the opposite direction, the large amplitude periodic solutions disappear just as abruptly. Hence, subcritical Hopf bifurcations provide a general mechanism for hysteretic transitions between a stable steady state and a stable, large amplitude oscillation. In biophysical control systems, where membrane potential oscillations can be measured with great accuracy, it is easy to distinguish the difference between sub- and supercritical Hopf bifurcations (e.g. [53]).

Complex networks: the cell cycle control system

The signal-response elements we have just described, buzzers, sniffers, toggles and blinkers, usually appear as components of more complex networks (see, for example, [7–11,12**]). Being most familiar with the regulatory network of the eukaryotic cell cycle, we use that example to illustrate the issues involved in modelling realistic wiring diagrams.

A generic wiring diagram for the Cdk network regulating DNA synthesis and mitosis is presented in Figure 3a. The network, involving proteins that regulate the activity of Cdk1–cyclin B heterodimers, consists of three modules that oversee the G1/S, G2/M and M/G1 transitions of the cell cycle. The G1/S module is a toggle switch, based on mutual inhibition between Cdk1–cyclin B and CKI, a stoichiometric cyclin-dependent kinase inhibitor. The G2/M module is a second toggle switch, based on mutual activation between Cdk1–cyclin B and Cdc25 (a phosphatase that activates the dimer), and mutual inhibition between Cdk1–cyclin B and Wee1 (a kinase that inactivates the dimer). The M/G1 module is an oscillator, based on a negative-feedback loop: Cdk1–cyclin B activates the anaphase-promoting complex (APC), which activates Cdc20, which degrades cyclin B.

The ‘signal’ that drives cell proliferation is cell growth: a newborn cell cannot leave G1 and enter the DNA synthesis/division process (S/G2/M) until it grows to a critical size [54]. Hence, our signal-response curve is a plot of steady-state activity of Cdk1–cyclin B as a function of cell size (Figure 3b). The signal-response curve of the full network is complicated indeed, but it clearly has inherited the basic characteristics of its component modules. We can discern the typical S-shaped bistability curves of the G1/S and G2/M modules and the oscillatory solutions of the negative-feedback loop (the M/G1 module). The oscillatory solutions, generated by the negative-feedback loop, interact with the bistability curve of the G2/M module to create an ‘infinite-period’ bifurcation at cell size = 1.25. At this bifurcation (SN/IP), a stable steady state gives way to a large-amplitude periodic solution, and the period of oscillation is very long, for cell size close to 1.25. As size increases above 1.25, the period of oscillation drops dramatically.

In Figure 3b (red curve), progress through the cell cycle is viewed as a sequence of bifurcations. A small newborn cell (size = 0.73) is attracted to the stable G1 steady state (very low activity of Cdk1–cyclin B). As it grows, it eventually passes the saddle-node bifurcation (SN$_i$) where the G1 steady state disappears, and the cell makes an irreversible transition into S/G2 (moderate activity of Cdk1–cyclin B). It stays in S/G2 until it grows so large that the S/G2 steady state disappears, giving way to an infinite-period oscillation (SN/IP). Cyclin-B-dependent kinase activity soars, driving the cell into mitosis, and then plummets, as cyclin B is degraded by APC–Cdc20.

The drop in Cdk1–cyclin B activity is the signal for the cell to divide, causing cell size to be halved from 1.46 to 0.73, and the control system is returned to its starting point, in the domain of attraction of the G1 steady state.

Signaling in space

So far, we have considered only time-dependent signaling. But spatial signaling also plays important roles in cell physiology (e.g. cell aggregation, somite formation, cell division plane localization, etc.). Interestingly the same mechanism (autocatalysis plus negative feedback) that creates oscillations (broken symmetry in time) can also create spatial patterns (broken symmetry in space) [55,56]. Two sorts of patterns may arise. If the inhibitor (or substrate) diffuses much more rapidly than the activator, activator piles up in local regions of space, forming steady-state (time-independent) patterns. On the other hand, when the diffusion constant of the inhibitor (or substrate) is about the same as (or less than) the diffusion constant of the activator, travelling waves of ‘activation’ propagate through the medium.

Steady-state patterns (commonly called ‘Turing patterns’) have been proposed for many time-independent, spatially periodic patterns in biology, such as animal coat patterns, leaf rudiment positioning, hair follicle distributions, and so on [57]. Travelling waves of cyclic AMP in fields of Dictostelium amoebae govern the processes of aggregation, slug motility and fruiting [58,59].

Meinhardt and de Boer [60**] have recently presented an elegant model of division plane localization in Escherichia coli. In this model, FtsZ protein bound to the cell membrane promotes further FtsZ binding, at the expense of freely diffusible FtsZ in the cytoplasm. By Turing-type
Figure 3

(a) Cell size

(b) Cdk1-CycB activity

symmetry breaking, these interactions would create FtsZ rings at arbitrary positions along the bacterial axis. Interactions among Min proteins (C, D and E) create a pole-to-pole oscillating wave, which biases the FtsZ ring to form in the centre of the cell.

Conclusions
The life of every organism depends crucially on networks of interacting proteins that detect signals and generate appropriate responses. Examples include chemotaxis, heat shock response, sporulation, hormone secretion, and cell-cycle checkpoints. Although diagrams and informal hand-waving arguments are often used to rationalize how these control systems work, such cartoons lack the precision necessary for a quantitative and reliable understanding of complex regulatory networks. To reprogram cellular control systems to our own specifications, we will need more exact, engineering-style representations of their wiring diagrams and governing equations.

Mathematical modelling and computer simulation of protein networks is a tool for formulating mechanistic hypotheses precisely and for deriving with confidence their physiological implications. In this review, we have shown how to create mathematical representations (non-linear differential equations) of some simple signal-response elements, and how certain feedback and feed-forward signals can create diverse types of responses: sigmoidal switches (buzzers), transient responses (sniffers), hysteretic switches (toggles), and oscillators (blinkers). From these components, nature has constructed regulatory networks of great complexity. With accurate mathematical representations of the individual components, we can assemble a computational model of any such network. By numerical simulation, we can compute the expected output of the network to any particular input.

A crucial point of contact between physiologists and applied mathematicians is the input–output relationship of a control system — what experimentalists call a signal-response curve, and theoreticians call a one-parameter bifurcation diagram. From the physiologist’s perspective, a signal-response curve summarizes the behaviour of the biological control system. From the mathematician’s perspective, a one-parameter bifurcation diagram summarizes the general, qualitative properties of solutions of a set of nonlinear differential equations. The theory of bifurcations assures us that there are only a few types of signal-response relationships, most of which have appeared in our examples. Irreversible transitions are associated with saddle-node bifurcations (Figure 1e). Oscillations arise at Hopf bifurcations (Figure 2a–e), and infinite-period bifurcations (Figure 3b). No matter how complicated the network or how rich its behaviour, the signal-response curve can always be decomposed into these three bifurcations and a few others.

For the community of scientists to develop the sophisticated interplay of theory and experiment that will be needed to understand and manipulate molecular regulatory systems underlying cell physiology, we will first have to learn to communicate. Theoreticians must develop the vocabulary and intuition associated with genes, proteins and metabolites. And experimentalists must come to terms with differential equations, limit cycles and bifurcation diagrams. We hope this review will facilitate many new and fruitful dialogs.

Update
Recent work includes an elegant theoretical and experimental study of NF-κB signaling [61**] and methods for deducing a molecular wiring diagram from a system’s transient response to small disturbances [62*,63*].

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References and recommended reading
Papers of particular interest, published within the annual period of review, have been highlighted as:

- of special interest
- **of outstanding interest


These papers (see also Leloup and Goldbeter [2000] [48]) discuss in detail the molecular intricacies of circadian rhythmogenesis in fruit flies and bread molds. Leloup and Goldbeter study a long negative-feedback loop, as in Figure 2a. Smolen et al. consider models with both positive and negative feedback, and discrete time delays for transcription, translation and nuclear transport.


Using a model based on autocatalysis and substrate depletion, these authors describe FtsZ ring formation in E. coli, which determines the site of septum formation during cell division. Formation of the FtsZ ring in the midplane of the cell results from a spatial symmetry-breaking instability in the MinC/D/E reaction network.


These authors present a satisfying combination of modeling and experimental studies of the NF-kB signaling pathway, whose response is modulated by three isoforms of an inhibitor protein, IkBa, -B and -B. Expression of IkB is induced by NF-kB, creating a negative-feedback loop that exhibits sustained oscillations when IkB and -B are missing. An unexpected prediction of the model, that some NF-kB-responsive genes might be efficiently activated by brief stimuli whereas others require longer exposure, was verified experimentally.


See annotation Bruggeman et al. [2002] [63].


In these papers (see also Kholodenko et al. [2002] [62]), Kholodenko and colleagues describe new methods for deducing effective kinetic interactions within a reaction network, by analysing its responses to many small perturbations.